

Hi folks—welcome to August’s edition of happenings.

I hope you are all enjoying the summer. I’m loving hearing about your trips, holidays and the fun things you are doing.

We have been spending time getting ready to start some new projects—have a look at the info below. There are other plans which we are working on as well and we will give you more details as soon as we can.

I’m pleased to say the “Grow with Hextol” project at Lowgate has been a great success and we are now enjoying the produce from the veg beds! We also have plans for workshops at the Home so we can involve the residents as well. We will try to keep this going next year—fingers crossed!

Cycling has been busy and I know from speaking to you how much the people taking part are enjoying it. Have a great Bank Holiday and take care. Bruce

UPCOMING WORKSHOPS!

We’ve had a great run of workshops recently—thank you so much for turning up and getting involved. Hope you’re ready and excited for a new set of workshops coming out as the autumn approaches! Attached to this edition of Hextol Happenings is a schedule for the next few months! Please return your forms to Jo with anything you want to attend ticked.



John’s Tricky Quiz Question #39

Q: What is the only event in the Olympic Games not to have a clear connection to everyday life or warfare?

Answer in the next issue of Hextol Happenings. Answer to question #38:

Q: What four activities can you do with a Dorset knob at a village fair on July 14th?

A: Paint, throw, guess the weight or eat one. (It’s a biscuit).

The Hextol Foundation, 14C Gilesgate, Hexham, Northumberland, NE46 3NJ

01434 605253 - contact@hextol.org.uk - www.hextol.org.uk

Company number: 5896869 VAT number: 131 9118 36 Registered charity number: 1120857



The Hextol Foundation
The Hextol Tans



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ON A ROLL...

Some very exciting things happening in the Tans recently—we have started making our own bread! These breadrolls, made in the morning (the kitchen smells wonderful!) have started to be served with our soups. This week, the kitchen also made a loaf of focaccia —which has gone down wonderfully with the Tans mushroom pate! Reviews are *rolling* in, and they're all glowing!

These pictures show a Tans kitchen volunteer weighing out sections of dough, rolling and shaping the rolls for their final prove—and the finished product!



Weighing.



Before shaping.



After shaping.



The finished product!



NEW CATERING SHIFT!

Our *from Hextol* range has expanded since we last talked about it! As the seasons change, so does the jam on offer! At the moment, we have some lovely damson, gooseberry and rhubarb and orange jams! The chutneys are as popular as ever and our chilli jam flies off the shelves faster than we can make it!

Whether bought by the jar or with a freshly baked vegan fruit scone, there's no wrong way to enjoy. And it's not just the jams—our biscuits are firm favourites and disappear in a flash!

In fact, to keep up with the demand, we are starting a new catering shift at Gilesgate! The session will take place on Monday afternoons, 1pm-4pm. Volunteers are welcome to come to lunchclub beforehand. It'll start on the 2nd of September—and there is still a space remaining! If you're interested, please let your supervisor know or email Jo at jo.elliott@hextol.org.uk.



DISCOVER HEXTOL!

Last year, we hosted a 'Discover Hextol' event so people could get to know us, learn what we do and meet and talk to some of you! Those who came along to help did a wonderful job at showcasing your skills and all we at Hextol achieve—so much so that we're doing it again!

This year, the event will take place on the 10th of October and run from 4-6pm at the Tans. We're looking forward to seeing people there! If you would like to take part or are at all interested, let us know!



ON YER BIKE!

On September 22nd of this year, Beaumont Street will transform into a space dedicated to bikes! From 12pm to 4pm, a community bike festival, 'On Yer Bike Tynedale', will take place. Here you can ride your bike, but also find out more about bikes - how to get fitted for one, what your options are and fun things to do! Go on down and have a look, even if you're not a bike rider!