



The Hextol Tans is part of The Hextol Foundation, a registered charity which supports people with learning differences and mental health problems. We provide opportunities to train, work and socialise, and many of our staff in the Tans benefit from this support. Our work aims to challenge the stigma which surrounds learning disability and mental ill health.

We have a range of volunteering opportunities available, including at The Hextol Tans. If you would like to help us make a difference we would love to hear from you! To find out more please visit www.hextol.org.uk or call 01434 605253

The Hextol Foundation - Charity no. 1120857



BREAKFAST 10 - 11.20AM (Saturdays from 9.30AM)

Vegetarian Breakfast £10

2 vegan sausages, baked beans, tomato, mushrooms, hash brown, fried egg & toast

Vegan Breakfast £10



2 vegan sausages, baked beans, tomato, mushrooms, hash brown, wilted spinach & toast

Eggs Florentine - £8

toasted muffin, spinach, poached eggs, hollandaise sauce

Croissant, with jam & butter - £2.75

AVAILABLE UNTIL 3PM*

(excluding staff break time 11.20-11.40)

Sausage sandwich- £5

2 vegan sausages - add fried egg, mushrooms or tomato for 80p each

Eggs on toast - £5.50

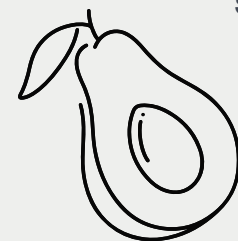
two eggs - choose from poached, fried or scrambled

Beans on toast - £5.50

(vegan option available)



Smashed avocado on toast with pumpkin seeds and tomato relish (vegan) - £6.70; with poached or scrambled eggs £7.75



Three egg omelette - £7.75

choice of two fillings: cheese, mushrooms, peppers, onions, tomato or spinach (served with a salad garnish)

Toast, jam & butter or vegan spread - £2.75

Toasted currant teacake, jam & butter or vegan spread - £3.20

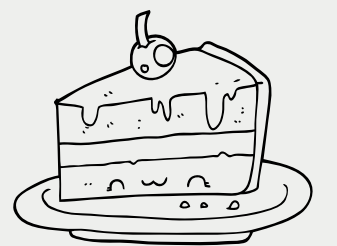


Orders will be taken at the table.

All our food is freshly prepared - your patience is appreciated!

HOMEMADE CAKES

Fresh scone and butter with jam £2.90
add clotted cream for 45p



Cream tea for one
(scone, clotted cream, jam and a tea or coffee) £5.80

Homemade cakes from £3.70

Homemade tray bakes £2.95

Please ask for today's delicious selection!

COLD DRINKS

Apple or orange juice box;
small glass of milk £1.25

Milkshake £3.10 or with cream £3.50



banana
strawberry
chocolate

Fentimans £3.45

Bottled sparkling / still water £1.90

Diet / Coca Cola £1.90

Mixed berry smoothie £3.75

Iced frappe £3.75

Caramel frappe £4.25

HOT DRINKS

Americano £3.50

Espresso £2.80

Double espresso £3.10

Cappuccino £3.65

Cafe latte £3.65

Flat white £3.65

Tea or fruit teas £3
(decaffeinated options available)

Filter coffee £3.20
(inc. free refill)

Plain hot chocolate £3.50
with cream and marshmallows £3.80

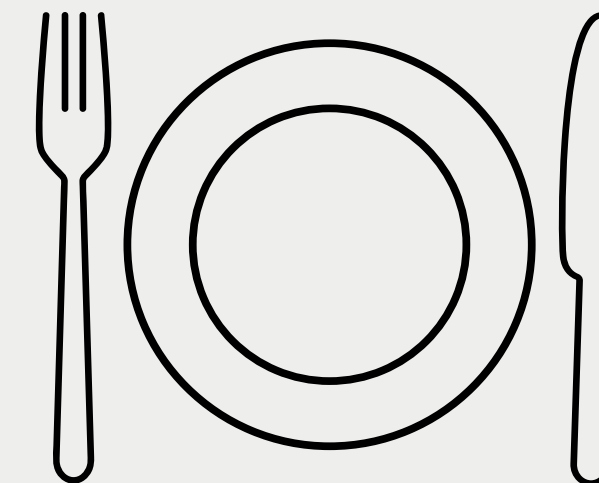


Allergies - Please let us know about any allergies when you place your order
Gluten free & vegan options - please ask for further information if required



LUNCH MENU

11.40 AM – 3PM



Orders will be taken at the table.

All our food is freshly prepared - your patience is appreciated!

Please do not tip staff directly.

To make a donation please use this Gift Tap QR code, or the tip box on the counter. Thank you.



The Hextol Foundation - Charity no. 1120857



Homemade soup

with bread or cheese scone (see blackboard for details) **£6.75**

Daily Special (see blackboard for details) **£8.95**

Tans mushroom pate (Contains nuts) (Vegan) ✓
served with toast, salad & vegan coleslaw **£7.50**



Small soup and sandwich £8

Veggie chilli & rice (GF & Vegan) **£8.95** ✓

Homemade quiche of the day (see blackboard for details)
served with salad, coleslaw & chutney **£8.95**

Sweet potato falafal, lemon & corinader cous cous salad bowl (Vegan) **£8.95** ✓

Toasted panini with a choice of fillings £8.50

(served with salad, coleslaw and crisps)

Mozzarella, tomato & pesto (**Contains nuts**)

Brie & onion chutney

Cheese & tomato (Vegan option available ✓)

Cheese & onion (Vegan option available ✓)

Houmous & roasted veg (Vegan ✓)

Falafel, salad & chilli jam or mayo (Vegan ✓)

Sandwiches with a choice of fillings £7.40

(served with salad, coleslaw and crisps)

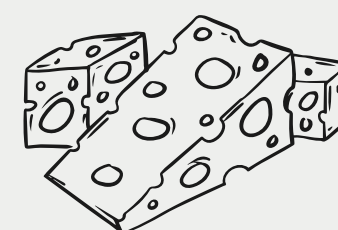
Cheese (Vegan option available ✓)

Egg mayo

Brie & onion chutney

Cheese savoury (Vegan option available ✓)

Cream cheese & cucumber



Oven cooked jacket potato with a choice of fillings £8.50

(gluten free ✗, served with salad) extra toppings **50p each**

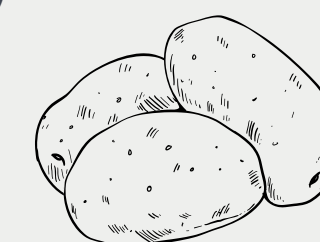
Cheese (Vegan option available ✓)

Cheese savoury (Vegan option available ✓)

Beans (Vegan ✓)

Houmous & roasted veg (Vegan ✓)

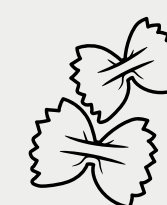
Veggie chilli (Vegan ✓)



SMALLER APPETITES

Small soup with bread or cheese scone £5

Cheesy pasta £5

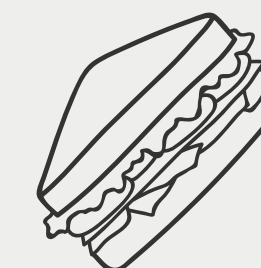


Main course half-portion £5.50

Houmous & pitta bread £4.50 (Vegan ✓)

Beans on toast £4.50 (Vegan option available ✓)

Small sandwich with crisps £5



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